



FOR THE WEEK OF APRIL 21 - 28, 2024

[CLICK HERE](#) to access the March-April Calendar and get an easy glimpse of the weekly activities as well as upcoming events.

If you haven't liked us on [Facebook](#) and [Instagram](#) be sure to do so! We have a lot going on in our church family and we're continually updating these pages with info and images about our church family.

We invite you to join us in-person on Sunday mornings. We also stream our services on our [Youtube channel](#).

Contact the Church Office at info@arlingtonwoods.ca if you would like to receive our **Weekly Email Blast** to stay informed on the life of our church.

To **donate** to Arlington Woods Church, go to <https://arlingtonwoods.ca/donate.php>.

Are you new? by filling out our **online welcome card** we are able to connect you to our church community! <https://arlingtonwoods.ca/welcome.php>.

Watch **Kidzone weekly videos** at <https://arlingtonwoods.ca/kids.php>. These include worship, drama and animation for kids of all ages.

Small groups are an important part of our church community life. Click [HERE](#) to find a list of our current small groups.

FRIDAY

6:30 - 9:00 p.m. Friday, April 12 - CATALYST YOUTH (grades 6 to 12) is meeting in the Creekside Room. Drop in between 6:30-7:00 p.m. to hang out and play on some of our games tables or challenge a friend to a board game. CATALYST Youth then runs from 7:00-9:00 p.m. featuring fun games, worship music, a Bible-based talk, and a chance to connect in groups. This week we'll be focusing on caring for creation. Email ben@arlingtonwoods.ca for more information.

SATURDAY

8:00 a.m. - MEN'S BREAKFAST Join us in the Evergreen Hall on Saturday, April 20th starting at 8:00 a.m. for lots of coffee, great food, fellowship and Kojo will be sharing "His Story". RSVP by emailing mensministry@arlingtonwoods.ca or sign up at the Welcome Desk and let us know if you have dietary restrictions.

THIS SUNDAY

For Sunday, April 21, 2024:

9:00-9:30 a.m. - WHITE PINE CAFÉ OPEN: Our Café is open before and after services. For details visit <https://arlingtonwoods.ca/cafe>. Interested in volunteering at or baking for our café? Email cafe@arlingtonwoods.ca.

9:30-9:50 a.m. - PRE-SERVICE PRAYER IN PERSON & ON ZOOM: All are welcome every Sunday morning for pre-service prayer in Prayer Room or by zoom link through email.

10:00 a.m. - ARLINGTONWOODS CHURCH SERVICE - IN-PERSON & ONLINE: Join us at 10:00 a.m. for our Sunday Service!

Doubt

To be human is to doubt. Doubt will make us question even the strongest truths that we believe in. It is not wrong to doubt, it is wrong to stay in our

doubt without examination. Truth never fears being questioned or examined.

Jesus said "I am the truth".

We're welcoming special guest speaker Paul Racine. Paul Racine has been involved in youth and young adult ministry for over 45 years. He is married to his best friend Patty. They are parents to 3 sons, 3 daughters in love, and 9 grandchildren. Paul spends the majority of his ministry time right now working with First Nation youth in the Cree community of Mistissini Quebec.

DEEPER ROOTS FOR TEENS (GRADE 7+) This monthly Sunday small group for teens will take place on April 21, 2024. For details, email christinev@arlingtonwoods.ca.

The nursery will be staffed and KIDZone will be happening.

To connect to our livestream service, [click here](#).

[Click here](#) to check out our FAQ on in-person services.

KIDZONE JK-6 kids program on Sunday mornings. [Click](#) for more information.

Follow the Sunday Message with YouVersion. [Click to view the notes for this Sunday!](#)

If you missed the message from last Sunday, [view the service here](#)

MONDAY

9:00 - 11:30 a.m. - WHITE PINE CAFÉ Our café will be open Mondays at 9:00 a.m., serving fair trade, organic Equator coffee and teas as well as home made baking! Invite a friend or relax alone. Visit <https://arlingtonwoods.ca/cafe>. Interested in volunteering at or baking for our café? Email cafe@arlingtonwoods.ca.

9:00 - 11:00 a.m. - PARENTS OF PRESCHOOLERS (POP) Come hangout with your preschoolers and connect with other parents. To find more info visit www.arlingtonwoods.ca/pop for details and to register.

TUESDAY

7:00 - 8:00 p.m. - VIRTUAL PRAYER MEETING ON ZOOM, special focus on Church and Community needs. Check your weekly church emails for the ZOOM link.

WEDNESDAY

SMALL GROUPS There are various small groups that meet at the church on Wednesday evening. Please visit <https://arlingtonwoods.ca/smallgroups.php> for more information.

THURSDAY

9:30 - 11:30 a.m. - WHITE PINE CAFÉ: Our café will be open Thursdays at 9:30 a.m., serving fair trade, organic Equator coffee and teas as well as home made baking! Invite a friend or relax alone. Visit <https://arlingtonwoods.ca/cafe>. Interested in volunteering at or baking for our café? Email cafe@arlingtonwoods.ca.

7:00 - 8:00 p.m. - VIRTUAL PRAYER MEETING ON ZOOM, special focus on Pastors and church leaders. Check your weekly church emails for the ZOOM link.

FRIDAY

Friday, April 26 - CATALYST YOUTH (grades 6 to 12) Please note that there will be no CATALYST youth tonight. We look forward to seeing you next week! Email ben@arlingtonwoods.ca for more information.

SATURDAY

8:30 a.m. - AWC ANNUAL FAMILY PARKING LOT AND GROUNDS CLEANUP Join your church family to help cleanup the church parking lot and ground. Meet us at the church Saturday, April 27th at 8:30 a.m.!

NEXT SUNDAY

For Sunday, April 28, 2024:

9:00-9:30 a.m. - WHITE PINE CAFÉ OPEN: Our Café will be open before and after the service. For details visit <https://arlingtonwoods.ca/cafe>. Interested in volunteering at or baking for our café? Email cafe@arlingtonwoods.ca.

9:30-9:50 a.m. - PRE-SERVICE PRAYER IN PERSON & ON ZOOM: All are welcome every Sunday morning for pre-service prayer in Prayer Room or by zoom link through email.

10:00 a.m. - ARLINGTON WOODS CHURCH SERVICE - IN-PERSON & ONLINE: Join us at 10:00 a.m. for our Sunday service!

GENERAL CONFERENCE The Free Methodist Church in Canada is having their General Conference on April 28th at 10:00 a.m. and we will be live-streaming it. We will be inducting our new Bishop, Rev. Dr. Linda Adams as well as hearing her preach. Although you may be inclined to stay home and watch, what an opportunity to come and celebrate as a church family and to recognize that Arlington Woods is part of something bigger than what we see here. We are a part of a national and international movement that is impacting the kingdom of God! Since this is a celebration, cake will be served after the service.

The nursery will be staffed and KIDZone will be happening.

COMING EVENTS

1. An Invitation From the FMCIC National Prayer Team The FMCIC senses the Lord is stirring up a spirit of prayer in us and we do not want to neglect this gift. So, you are invited to join us for 12-noon to 12:30 pm, Eastern Time, 6-days-a-week (Monday to Saturday), prayer meetings, until the end of April. These prayer meetings are open to anyone who would like to join in prayer for the FMCIC and Canada.

[Click here to join the Zoom meeting](#)

Meeting ID: 885 3284 1873

Passcode: 105883

2. Men's Breakfast Join us in the Evergreen Hall on Saturday, April 20th starting at 8:00 a.m. for lots of coffee, great food, fellowship and Kojo will be

sharing “His Story”. RSVP by emailing mensministry@arlingtonwoods.ca or sign up at the Welcome Desk and let us know if you have dietary restrictions.

3. Guest Speaker Sunday, April 21 we’re looking forward to welcoming special guest speaker Paul Racine. Paul Racine has been involved in youth and young adult ministry for over 45 years. He is married to his best friend Patty. They are parents to 3 sons, 3 daughters in love, and 9 grandchildren. Paul spends the majority of his ministry time right now working with First Nation youth in the Cree community of Mistissini Quebec.

4. Deeper Roots for Teens (grade 7+) This monthly Sunday small group for teens will take place on April 21, 2024. For details, email christinev@arlingtonwoods.ca.

5. AWC Annual Family Parking Lot and Grounds Cleanup Join your church family to help cleanup the church parking lot and ground. Meet us at the church Saturday, April 27th at 8:30 a.m.!

6. General Conference The Free Methodist Church in Canada is having their General Conference on April 28th at 10:00 a.m. and we will be live-streaming it. We will be inducting our new Bishop, Rev. Dr. Linda Adams as well as hearing her preach. Although you may be inclined to stay home and watch, what an opportunity to come and celebrate as a church family and to recognize that Arlington Woods is part of something bigger than what we see here. We are a part of a national and international movement that is impacting the kingdom of God! Since this is a celebration, cake will be served after the service. And, no worries, Kidzone and nursery will still be happening.

7. Annual General Meeting & Church Family Lunch This year we’re going to be hosting our AGM **after the service on Sunday, May 5**. Join us as we recap 2023 and talk about what happened in the life of our church family. Please note that **childcare will be provided** and we will be having sandwiches and dessert. **We ask that individuals with last names starting with A-M bring a plate of sandwiches cut and ready to serve on a platter and N-Z last names bring a plate of desserts ready to serve.** Please ensure that you **bring your printed copy** of the Annual report. The Annual Report can be accessed by [CLICKING HERE](#) or we will have a limited number of copies available for pickup at the welcome desk for those that are unable to access it electronically.

8. Come Hear His Story We're excited to welcome Superintendent Ahmed Kenneth Quarshie from Ghana to Arlington Woods Church! Join us on Monday, May 6th at 7:00 p.m. to hear how God is moving in Ghana

9. Bike Rodeo Mark your calendar for our 12th annual community Bike Rodeo taking place on Saturday, May 11 from 11:00 a.m. to 3:00 p.m. For more information, visit arlingtonwoods.ca/bikerodeo. If you would like to volunteer, sign up on the Bike Rodeo volunteer sheet in the foyer.

10. Deeper Roots for Teens (grade 7+) This monthly Sunday small group for teens will take place on May 12, 2024. For details, email christinev@arlingtonwoods.ca.

11. JOY (Just Older Youth) JOY will be happening on Thursday, May 16 from 1:00-3:00 p.m. This time we'll be joined by Council on Aging of Ottawa. Throughout our time together they will focus on understanding the elements that make up an "age friendly city". Learn about what the Council on Aging is doing to continually advance the wellbeing of Ottawa's older adults through advocacy at all levels of government, collaboration in the community, and educational programming for seniors.

12. Spring Hikes We're restarting our Spring hikes! Join us after the Sunday service on April 14, May 19 and June 9 for some casual hiking with your church family. [CLICK HERE](#) to find out where we're meeting and connect with Heather Brown the morning of the hike to let her know you're coming.

13. Pastor Mike's & Julie's Farewell Party Save the date: Saturday May 25th we'll be having a farewell party to honour Pastor Mike & Julie's Retirement from Arlington Woods Church. Join us in the Evergreen Hall from 2:00-4:00 p.m. Pastor Mike's final sermon will be on Sunday, May 26th, 2024.

14. The Patrick J. Kesselring Scholarship Calling All Grade 12 Students you may have an opportunity to apply for the The Patrick J. Kesselring Scholarship through Arlington Woods free Methodist Church. Applications are due back by May 26 to the church office. [CLICK HERE](#) to find out if you qualify.

15. Summer Internships We are hiring an intern at Arlington Woods Church for the summer of 2024! If you're interested in applying or getting more info [CLICK HERE](#) for full details.

16. Pay It Forward Our debt retirement campaign kicked off on October 28. Click [HERE](#) for more information about it as well as upcoming campaign events.

17. Bread Basket Logo We're still looking for a logo for our new bread Basket ministry. Do you have a great idea but need graphics for it? Give us your ideas and we'll see what we can do..

CHURCH NEWS & INFORMATION

1. AWC Men's Ministry - If you would like to be added to the Men's Ministry email list, please email mensministry@arlingtonwoods.ca.

2. Arlington Woods Bread Basket We want to let you know about a new and exciting opportunity, we have accepted a partnership with Lionhearts Food Rescue and Redistribution organization. Arlington Woods Church, will look after picking up, packaging and redistributing the unsold baking from the Cob's at Bells corners 1 day a week, that being Saturday evenings.

Does this sound interesting for you to be a part of?

Does this type of volunteering excite you?

And/or Do you or your neighbour have need?

If you are interested in volunteering and finding out more about this new ministry please email breadbasket@arlingtonwoods.ca or speak to Julie Hogeboom.

3. Small Groups are an important part of our church community life. Click [HERE](#) to find a list of our current small groups.

4. Membership Membership is an important part in the life of our church family. If you're interested in finding out more information or signing up, talk to Pastor Mike.

5. Tithes and Offerings Visit the church website <https://arlingtonwoods.ca/donate> for Online, Credit Card or Pre-Authorized Auto Debit options **or** visit the Welcome Centre in person for a Pre-Authorized Auto Debit brochure and form. Thank you for your continued financial support.

If you have any questions, please contact the Head Teller at giving@arlingtonwoods.ca.

6. Daily Bread Devotional Guides Copies of the Daily Bread devotional guides for March-April-May are available at the Welcome Desk. If you can't be at church in person but would like a copy of Daily Bread, please email info@arlingtonwoods.ca with your mailing address.

COMMUNITY NEWS & EVENTS

1. Match Day Food Drive - On Saturday, April 20th at 2:00 PM, **Lionhearts and Atletico Ottawa are teaming up to collect non-perishable food items** to bolster the pantries of food cupboards across Ottawa. By bringing along your food donations to Gate 1, you'll be making a real difference to our most vulnerable friends and neighbours facing food insecurity in Ottawa. But that's not all! When you purchase your tickets through **THIS LINK** not only will you secure your spot to cheer on Atletico Ottawa, but **\$5 from each ticket sold will be donated to Lionhearts**, furthering your impact in helping people facing food insecurity Join with the staff at Camp IAWAH to help them out during their family work day. This will be happening Saturday, April 13 from 9:00 a.m. - 4:00 p.m. [CLICK HERE](#) for more details.

2. theCode Book and Bake Sale 2024 - Have you heard about theCode Book and Bake Sale at OneWay Ministries from May 9th to May 11th? This event is happening at One Way Ministries, 89 Auriga Dr., Nepean. [CLICK HERE](#) for all of the details.

3. Book Launch and Talk - On May 11 - 2:00-4:00 p.m. at St. Paul's Church, 971 Woodroffe Ave., Ottawa. Ladies please join us to celebrate Karen Stiller, a local Christian author and a senior editor at Faith Today, whose second book, "Holiness Here", will be released on April 9/24 by Nav. Press. "Holiness Here" offers practical and inspiring ways to transform your life by helping you to see the holiness within your ordinary, everyday life. Karen will be talking about her book and will also be available to sign your copy if you wish. Information about ordering her book is on her website at www.karenstiller.com.

4. Pedalheads Summer Bike Camp - This year Pedalheads will be hosting a summer camp at Arlington Woods Church. For all of the details [CLICK HERE](#).

5. Respond Ottawa - Many local agencies (foodbanks, community houses, inner-city missions) are running low on essential items and the number of requests has grown significantly. Click [HERE](#) for a list of food banks in the Ottawa area to contact.

6. FAMSAC Donations - Please bring your food bank donations to the FAMSAC bin in our church lobby. Regular donations are vital to their sustainability.

Most needed items: sugar (2 kg bag), flour (2.5 kg bag), cooking oil, granola bars, fruit cups, oatmeal.