



## FOR THE WEEK OF MARCH 3 - MARCH 10, 2024

[CLICK HERE](#) to access the March-April Calendar and get an easy glimpse of the weekly activities as well as upcoming events.

If you haven't liked us on [Facebook](#) and [Instagram](#) be sure to do so! We have a lot going on in our church family and we're continually updating these pages with info and images about our church family.

We invite you to join us in-person on Sunday mornings. We also stream our services on our [Youtube channel](#).

Contact the Church Office at [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) if you would like to receive our **Weekly Email Blast** to stay informed on the life of our church.

To **donate** to Arlington Woods Church, go to <https://arlingtonwoods.ca/donate.php>.

Are you new? by filling out our **online welcome card** we are able to connect you to our church community! <https://arlingtonwoods.ca/welcome.php>.

Watch **Kidzone weekly videos** at <https://arlingtonwoods.ca/kids.php>. These include worship, drama and animation for kids of all ages.

**Small groups** are an important part of our church community life. Click [HERE](#) to find a list of our current small groups.

## FRIDAY

**6:30 - 9:00 p.m. Friday, March 1 - CATALYST YOUTH** (grades 6 to 12) is meeting in the Creekside Room. Drop in between 6:30-7:00 p.m. to hang out and play on some of our games tables or challenge a friend to a board game. CATALYST Youth then runs from 7:00-9:00 p.m. featuring fun games, worship music, a Bible-based talk, and a chance to connect in groups. Email [ben@arlingtonwoods.ca](mailto:ben@arlingtonwoods.ca) for more information.

## SATURDAY

No events scheduled

## THIS SUNDAY

### For Sunday, March 3, 2024:

**9:00-9:30 a.m. - WHITE PINE CAFÉ OPEN:** Our Café is open before and after services. For details visit <https://arlingtonwoods.ca/cafe>. Interested in volunteering at or baking for our café? Email [cafe@arlingtonwoods.ca](mailto:cafe@arlingtonwoods.ca).

**9:30-9:50 a.m. - PRE-SERVICE PRAYER IN PERSON & ON ZOOM:** All are welcome every Sunday morning for pre-service prayer in Prayer Room or by zoom link through email.

### Camp Sunday Who Do You Want To See?

Ever faced situations that surpasses what you have to offer? Ever felt that someone or some situation has spent all your resources and now you don't know what to do? If so, perhaps you want to go to a wedding, not any wedding but one in Cana!

This Sunday we will be welcoming a special guest speaker: Mark Kotchapaw. Mark and his wife served in pastoral ministry for 38 years. 7 of those years were spent in Jakarta Indonesia at an international church. That experience was life shaping in developing a deeper appreciation for the global work that God is doing. They currently are living north of Kingston where Mark is working at lawah part time, doing leadership coaching and marriage counselling. As someone who grew up at lawah and has been involved in the camp for his whole lifetime, Mark strongly believes in the importance of a

strong partnership between the local church and camp ministry. The two don't compete but complete a well rounded discipleship focus for the local church and camp ministry. We are stronger together!

Camp Sunday We're looking forward to hosting another Camp Sunday this year on Sunday, March 3! Join us alongside various camps from this area as we learn about their programs as well as the importance of camp. Be sure to stay after the service and visit the various camp reps to get more info.

The nursery will be staffed and KIDZone will be happening

To connect to our livestream service, [click here](#).

[Click here](#) to check out our FAQ on in-person services.

KIDZONE JK-6 kids program on Sunday mornings. [Click](#) for more information.

Follow the Sunday Message with YouVersion. [Click to view the notes for this Sunday!](#)

If you missed the message from last Sunday, [view the service here](#)

## MONDAY

**9:00 - 11:30 a.m. - WHITE PINE CAFÉ:** The White Pine café will be open Mondays at 9 a.m., serving fair trade, organic Equator coffee and teas as well as home made baking! Invite a friend or relax alone. Visit <https://arlingtonwoods.ca/cafe>. Interested in volunteering at or baking for our café? Email [cafe@arlingtonwoods.ca](mailto:cafe@arlingtonwoods.ca).

**9:00 - 11:00 a.m. - PARENTS OF PRESCHOOLERS (POP)** We invite you to attend POP with your preschoolers and help our church connect with our community. Visit [www.arlingtonwoods.ca/pop](http://www.arlingtonwoods.ca/pop) for details and register for the new school year.

## TUESDAY

**7:00 - 8:00 p.m. - VIRTUAL PRAYER MEETING ON ZOOM**, special focus on Church and Community needs. Check your weekly church emails for the ZOOM link.

## WEDNESDAY

**7:00 p.m. TELLING STORIES OF TRANSCENDENCE** Join Renew Arts and Theology on Wednesday, March 6 at 7:00 p.m. for an event that speaks to the idea of beauty and transcendence through the frame of the theological term “*ekstasis*” and how it relates to interior life and storytelling. Special guest speaker Conor Sweetman. [Click HERE](#) for all the details

**SMALL GROUPS** There are various small groups that meet at the church on Wednesday evening. Please visit <https://arlingtonwoods.ca/smallgroups.php> for more information.

## THURSDAY

**9:30 - 11:30 a.m. - WHITE PINE CAFÉ:** Our café will be open Thursdays at 9:30 a.m., serving fair trade, organic Equator coffee and teas as well as home made baking! Invite a friend or relax alone. Visit <https://arlingtonwoods.ca/cafe>. Interested in volunteering at or baking for our café? Email [cafe@arlingtonwoods.ca](mailto:cafe@arlingtonwoods.ca).

**7:00 - 8:00 p.m. - VIRTUAL PRAYER MEETING ON ZOOM,** special focus on Pastors and church leaders. Check your weekly church emails for the ZOOM link.

## FRIDAY

**6:30 - 9:00 p.m. Friday, March 8 - CATALYST YOUTH** (grades 6 to 12) is meeting in the Creekside Room. Drop in between 6:30-7:00 p.m. to hang out and play on some of our games tables or challenge a friend to a board game. CATALYST Youth then runs from 7:00-9:00 p.m. featuring fun games, worship music, a Bible-based talk, and a chance to connect in groups. Email [ben@arlingtonwoods.ca](mailto:ben@arlingtonwoods.ca) for more information.

## SATURDAY

No events scheduled

## NEXT SUNDAY

**For Sunday, March 10, 2024:**

**9:00-9:30 a.m. - WHITE PINE CAFÉ OPEN:** Our Café will be open before and after the service. For details visit <https://arlingtonwoods.ca/cafe>. Interested in volunteering at or baking for our café? Email [cafe@arlingtonwoods.ca](mailto:cafe@arlingtonwoods.ca).

**9:30-9:50 a.m. - PRE-SERVICE PRAYER IN PERSON & ON ZOOM:** All are welcome every Sunday morning for pre-service prayer in Prayer Room or by zoom link through email.

**10:00 a.m. - ARLINGTON WOODS CHURCH SERVICE - IN-PERSON & ONLINE:** Join us at 10:00 a.m. for our Sunday service!

The nursery will be staffed and KIDZone will be happening.

## COMING EVENTS

**1. An Invitation From the FMCIC National Prayer Team** The FMCIC senses the Lord is stirring up a spirit of prayer in us and we do not want to neglect this gift. So, you are invited to join us for 12-noon to 12:30 pm, Eastern Time, 6-days-a-week (Monday to Saturday), prayer meetings, until the end of March. These prayer meetings are open to anyone who would like to join in prayer for the FMCIC and Canada.

[Click here to join the Zoom meeting](#)

Meeting ID: 885 3284 1873

Passcode: 105883

**2. Bread Basket Logo** We're still looking for a logo for our new bread Basket ministry. Do you have a great idea but need graphics for it? Give us your ideas and we'll see what we can do.

**3. JOY: How to Container Garden** Join us on Thursday February 29 from 1:00-3:00 p.m. for a presentation of how to container garden with Mary Shearman Reid, the owner of Green Thumb Garden Centre in Nepean.

**4. Camp Sunday** We're looking forward to hosting another Camp Sunday this year on Sunday, March 3! Join us alongside various camps from this area as we learn about their programs as well as the importance of camp. Be sure to stay after the service and visit the various camp reps to get more info.

**5. Telling Stories of Transcendence** Join Renew Arts and Theology on Wednesday, March 6 at 7:00 p.m. for an event that speaks to the idea of beauty and transcendence through the frame of the theological term “ekstasis” and how it relates to interior life and storytelling. Special guest speaker Conor Sweetman. [Click HERE](#) for all the details

**6. Beat the March Break Blues** We'll be opening up the Evergreen gym March 11, 12 & 14 from 9:00 am-Noon for open parent supervised play time. Bring a friend, grab a coffee and come kick a ball around!

**7. Winter Sowing** Ever wonder how you can start your garden in the winter? All ages are welcome to join us on Wednesday, March 13 in Evergreen hall at 11:00 a.m. for a winter sowing gardening activity. Sign up by e-mailing [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) or sign up at the welcome desk.

**8. Connect Young Adults Lunch** Join us on Sunday, March 17th from 12 - 2:30 p. m. Be sure to contact Pastor Ben ([ben@arlingtonwoods.ca](mailto:ben@arlingtonwoods.ca)) to RSVP by March 10th and get more info.

**10. A Passover Seder: Presented by Arlington Woods Women's Ministry** On Saturday, March 23 at 5:30 p.m. everyone is invited to a Messianic Passover Seder (celebratory dinner), commemorating God's rescue of the Jewish people from slavery in Egypt and grasp the background for the greater deliverance available to all through Jesus the Messiah. Join us as Bible Teacher, Author, Podcast Host (Thinking Biblically) and Jewish believer, Alan Gilman takes us on an engaging journey of discovery as we celebrate Passover through a Messianic lens. Sign up at the welcome desk or e-mail [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca).

**11. Spring Encounter** The Free Methodist Women's Conference this year will take place April 19-20, 2024 at the Quality Inn Kingston. Special guest speaker Loreli Cockram will be talking about The Gratefulness Experiment: Discover What Changes When You Give Thanks. [CLICK HERE](#) for all the details.

**12. Summer Internships** We are hiring an intern at Arlington Woods Church for the summer of 2024! If you're interested in applying or getting more info [CLICK HERE](#) for full details.

**13. Summer Camp** We're excited to host an Arlington Woods Kids Camp this summer from August 12-16, 2024! The camp will be available for kids from



Arlington Woods, their friends, and kids from our local neighbourhood. There will be two options: a half-day camp (9am-12pm) and a full-day camp (9am-4pm). Full day campers should pack their own lunch for the day. Snacks will be provided. The camp is for kids who are going into SK-Grade 6 this September 2024. In the meantime, we can't do this alone! We need your help! If you would like to help with planning, decorations, crafts, sports, games, leading groups, or general supervision, please contact Pastor Ben at [ben@arlingtonwoods.ca](mailto:ben@arlingtonwoods.ca). [CLICK HERE](#) for more details.

**14. Pay It Forward** Our debt retirement campaign kicked off on October 28. Click [HERE](#) for more information about it as well as upcoming campaign events.

**15. Staffed Nursery** The nursery will be staffed every week going forward unless we have a special Family Service. For more details visit [www.arlingtonwoods.ca/kids](http://www.arlingtonwoods.ca/kids).

## CHURCH NEWS & INFORMATION

**1. AWC Men's Ministry** - If you would like to be added to the Men's Ministry email list, please email [mensministry@arlingtonwoods.ca](mailto:mensministry@arlingtonwoods.ca).

**2. Arlington Woods Bread Basket** We want to let you know about a new and exciting opportunity, we have accepted a partnership with Lionhearts Food Rescue and Redistribution organization. Arlington Woods Church, will look after picking up, packaging and redistributing the unsold baking from the Cob's at Bells corners 1 day a week, that being Saturday evenings.

**Does this sound interesting for you to be a part of?**

**Does this type of volunteering excite you?**

**And/or Do you or your neighbour have need?**

If you are interested in volunteering and finding out more about this new ministry please email [breadbasket@arlingtonwoods.ca](mailto:breadbasket@arlingtonwoods.ca) or speak to Julie Hogeboom.

**3. Small Groups** are an important part of our church community life. Click [HERE](#) to find a list of our current small groups.

**4. Membership** If you are interested in becoming a member at Arlington Woods Church, please email Pastor Mike at [mike@arlingtonwoods.ca](mailto:mike@arlingtonwoods.ca).

**5. Tithes and Offerings** Visit the church website <https://arlingtonwoods.ca/donate> for Online, Credit Card or Pre-Authorized Auto Debit options **or** visit the Welcome Centre in person for a Pre-Authorized Auto Debit brochure and form. Thank you for your continued financial support. If you have any questions, please contact the Head Teller at [giving@arlingtonwoods.ca](mailto:giving@arlingtonwoods.ca).

**6. Daily Bread Devotional Guides** Copies of the Daily Bread devotional guides for March-April-May are available at the Welcome Desk. If you can't be at church in person but would like a copy of Daily Bread, please email [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) with your mailing address.

## COMMUNITY NEWS & EVENTS

**1. Respond Ottawa** - Many local agencies (foodbanks, community houses, inner-city missions) are running low on essential items and the number of requests has grown significantly. Click [HERE](#) for a list of food banks in the Ottawa area to contact.

**2. FAMSAC Donations** - Please bring your food bank donations to the FAMSAC bin in our church lobby. Regular donations are vital to their sustainability.

**Most needed items:** sugar (2 kg bag), flour (2.5 kg bag), cooking oil, granola bars, fruit cups, oatmeal.